



SeniorConnections

Companionship & Services

Formerly Boone County Council on Aging/Keen Age Center

2141 Henry Luckow Lane
Belvidere, IL 61008

815-544-9893
Monday-Friday 8:00 am-4:30 pm

www.senior-connect.org
Facebook— Senior Connections

SEPTEMBER 2026



A New Way to Stay Connected with Senior Connections!

A year ago, we introduced you to our new name, **Senior Connections**, a name that reflects our commitment to helping you connect and remain an active part of your community. For many years, this newsletter has been one of the ways we've stayed connected with you. We've shared information about our programs and services, activities, educational opportunities, resources, and the many ways Senior Connections can support older adults and caregivers.

Now, we're excited to begin a new chapter!

Beginning **September 3, 2026**, Senior Connections information will be featured each month in the **Boone County Shopper's Boone County Senior Living** section. This new format allows us to reach even more people throughout Boone County while continuing to share the information you rely on from Senior Connections. Each month, the new four-page section will include information about our programs and services, educational topics, caregiving resources, transportation and in-home care, activities, special events, community resources, and more.

What about the Activity and Lifescape Meal Calendars?

Those aren't going away! Our Monthly Activity and Lifescape Meal Calendar will continue to be available each month at the Senior Connections Center and online.

Where will I find Senior Connections information?

Look for **Boone County Senior Living** in the Shopper beginning September 3, 2026. We will also continue to share information through our website, Facebook page, and directly at the Center.

Live outside Boone County?

If you currently receive our newsletter and live outside Boone County, you can continue receiving the Senior Connections four-page section by mail for the remainder of your current subscription. You may also request a prorated refund. After your current subscription ends, mailed subscriptions to the Senior Connections section will continue to be available to those living outside Boone County.

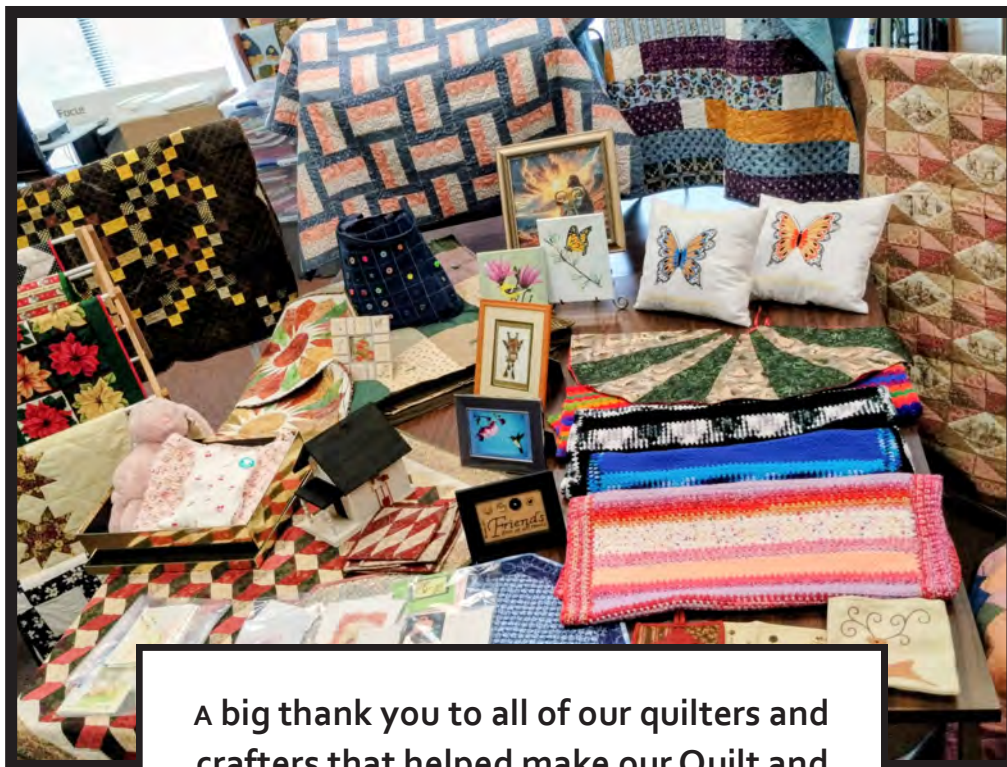
A special thank you to our readers

While this is the final edition of newsletter in this format, it is not the end of our monthly communication with you. It is a new way for us to stay connected and to introduce Senior Connections to many more people in our community.

Thank you for being part of the Senior Connections community. We look forward to reaching more people and staying connected with you in this new format!

~ Kelly





A big thank you to all of our quilters and crafters that helped make our Quilt and Craft Raffle a success!



Join us for Cards and Karaoke each week!





Senior Connections

Companionship & Services

— Senior Health Insurance Program —

WE ARE HERE
to Help You! 

Our **SHIP** (Senior Health Insurance Program) counselors provide **FREE, unbiased help** so you can make informed Medicare decisions with confidence.

**Call now to
make your
appointments
for
October
through
December.**

**PRESCRIPTION DRUG PLANS
(PART D)**



**OCTOBER 15 –
DECEMBER 7**

We compare drug plans
to help you find the best
coverage at the best cost.

**MEDICARE ADVANTAGE
PLANS (PART C)**



**JANUARY 1 –
MARCH 31**

We compare Medicare Advantage
plans to help you find the plan
that best fits your needs.

The Medicare Fall Open Enrollment Period runs from October 15 through December 7, with changes taking effect January 1. During this time, Medicare beneficiaries can:

- Switch Medicare Advantage Plans
- Join or drop a stand-alone Prescription Drug Plan
- Return to Original Medicare

For Marketplace (ACA) Open Enrollment, please contact a Get Covered Illinois Navigator. Navigators are trained, certified professionals who provide free, unbiased assistance with:

- Understanding your coverage options
- Completing eligibility forms
- Enrolling in a plan that fits your needs

Navigators never charge for their services.

Senior Connections SHIP Counselors are available to assist with Medicare questions and plan changes. Appointments are available as scheduling allows, with priority given to those seeking assistance with stand-alone Prescription Drug Plans. We also offer appointments for the Medicare Advantage Open Enrollment Period (January 1 – March 31) for those needing to switch plans or return to Original Medicare.



CALL US TODAY!
815-544-9893

Talk to a SHIP counselor.



VISIT OUR WEBSITE
senior-connect.org

Resources and information for you.



SHIP

Senior Health Insurance
Program



FOOD DISTRIBUTION

Ages 55+



Distribution Dates

September 11th
October 9th
November 13th

1:00 pm–3:00 pm

Registration begins
no earlier
than 12:30 pm

Senior Connections
2141 Henry Luckow Lane
Belvidere IL 61008

Call 815-544-9893
with questions.



**"Your life is not meant to stay in
one season. Let change lead you,
not frighten you."
— Unknown**

Advertise Here!

Contact Nick Palasini

npalasini@4LPi.com
(800) 950-9952 x2162

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Mercyhealth Cancer Institute



8201 E. Riverside Blvd.
Rockford
(815) 971-6188

Enhanced treatment areas: Spacious infusion suites with comfortable seating and natural light to support the healing journey

Advanced technology: The latest equipment for diagnostics, treatment and therapy, ensuring the highest level of care

Patient-centered design: Thoughtfully designed spaces, including private consultation rooms and calming décor, to create a welcoming environment

Convenient access: Ample parking and a circular drive at the entrance, allowing patients to be conveniently dropped off at the door

Emergency care: Connected to a Level 1 Trauma Center for quick emergency care

cancer.mercyhealthsystem.org





Picture This!

Ready to give your brain a little workout? These rebus puzzles use pictures, words, and clever arrangements to spell out a common phrase or saying.

The trick? Say what you see, and think outside the box! Can you crack the code? Take a guess! The answer's waiting for you at the bottom!

**SLEEP
IT**

Sleep on it

1,2,3,4,5 R

Counter

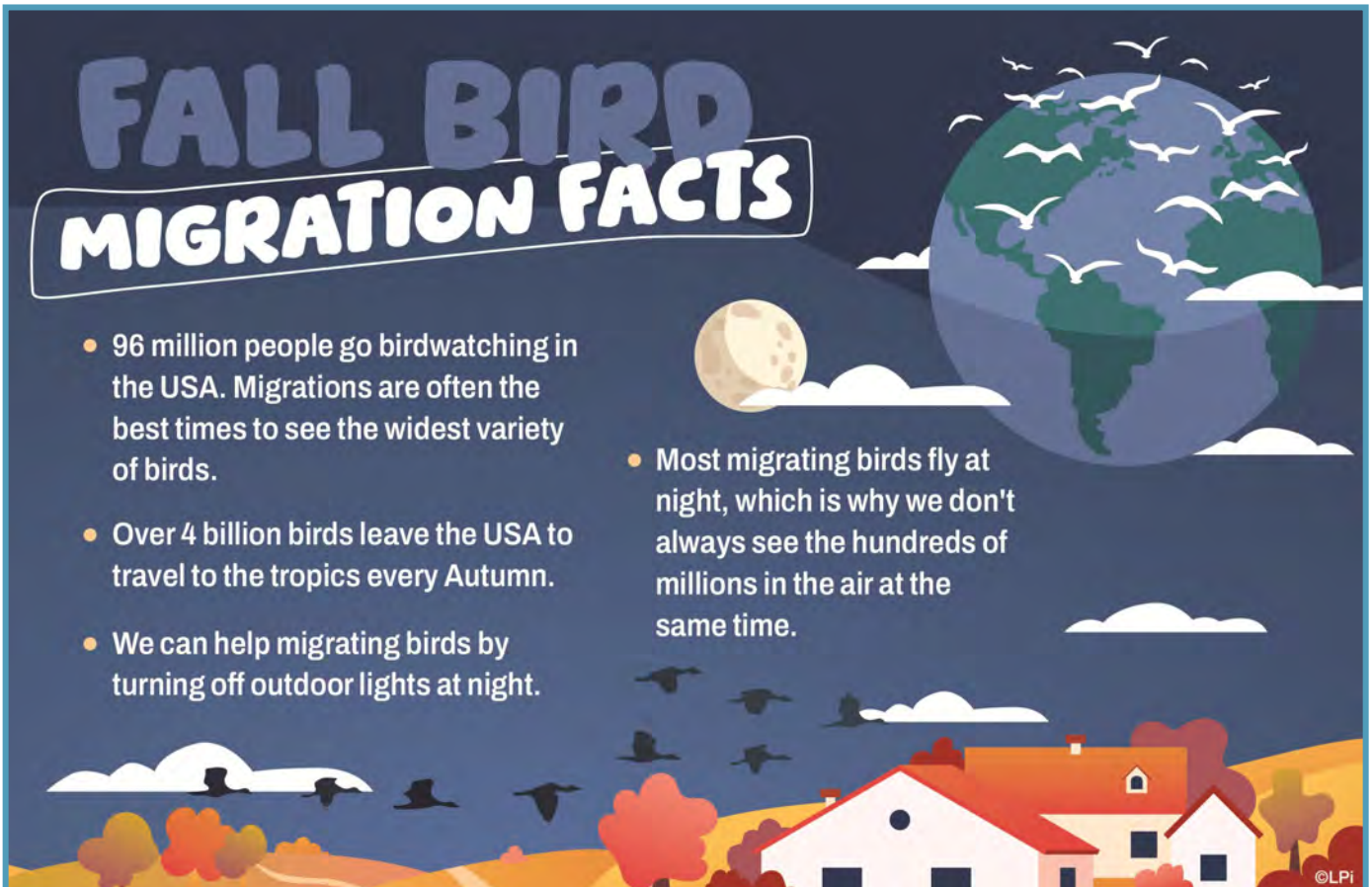
NOON GOOD

Good Afternoon

©LPi

FALL BIRD MIGRATION FACTS

- 96 million people go birdwatching in the USA. Migrations are often the best times to see the widest variety of birds.
- Over 4 billion birds leave the USA to travel to the tropics every Autumn.
- We can help migrating birds by turning off outdoor lights at night.
- Most migrating birds fly at night, which is why we don't always see the hundreds of millions in the air at the same time.



©LPi



September 8th from 10am-11:30am

Need to take your driver's test and go over the Rules of the Road? Here is your chance to refresh yourself and get additional help if needed!

Officer Bell will be here to instruct this refresher course.

Call: 779-552-7238 to reserve your spot.

AARP® **SMART DRIVER COURSE**

September 21st and 22nd
(Must attend both sessions.) from 8am-12:00pm

Cost for AARP members is \$20, and non-members is \$25.

Check or cash only.

Please call 779-552-7238 to reserve your spot!

This course may get you a reduction on your car insurance.



Friday, September 4th w/ Belvidere Zonta Club

Friday, October 2nd w/Heartland Hospice & Grand Victorian

Friday, October 30th HALLOWEEN BINGO!

1:00 pm here at
Senior Connections.

A donation of any of the following items helps us with our daily activities.

- ♦ Kleenex
- ♦ Napkins
- ♦ Coffee
- ♦ Individually packaged pretzels, cracker snacks.
- ♦ Pre-Packaged Cookies
- ♦ Individually Wrapped Hard Candy, no lollipops or peppermints please.

Thank you!



IN THE COMMUNITY

An Information & Assistance Specialist will be at the following locations to assist you:

SHEFFIELD MEADOWS

Tuesday, September 1st
2pm-3pm

SHADLEY APARTMENTS

Tuesday, September 8th
2pm-3pm

PEARL PLACE **APARTMENTS**

Tuesday, September 15th
2pm-3pm



FREQUENTLY ASKED QUESTIONS

WHAT ARE THE OPERATING HOURS?

Monday - Friday 7:00am - 6:00pm
Saturday 8:00am - 12:00pm

HOW DO I MAKE A RESERVATION?

Call 815-975-9059, 24-hours in advance to book your ride. Use your TTY or dial 711 on your telephone to be connected to a TRS operator.

HOW MUCH EXTRA TIME SHOULD I PLAN FOR?

When scheduling your ride let the dispatcher know you have an appointment at a specific time.

For non-appointment rides the driver can arrive 10 minutes earlier or later than your scheduled time. Please be ready during that arrival window.

IS THERE AN AGE LIMIT?

There is no age limit. However, children 11 and under must be accompanied by an adult.

HOW MUCH DOES IT COST TO RIDE THE BUS?

Age 11 and under: \$1.00 per one-way trip
Age 12 - 60: \$2.00 per one-way trip
Adults 60 years & older: Donations accepted

DO I HAVE TO PAY FOR MY CAREGIVER?

Caregivers and assistants ride for free while escorting their patient. We do need to know if a caregiver will be riding to make sure we have proper seating available.

WHAT IS DOOR TO DOOR SERVICE?

The bus picks you up where you request and drops you off at your desired destination. There are no bus stops or routes in door to door service.

WHAT HOLIDAYS DO THE BUSES NOT RUN

In addition to inclement weather the buses do not operate on these holidays.

New Year's Day	Veterans Day
Good Friday	Thanksgiving
Memorial Day	Thanksgiving Friday
Fourth of July	Christmas Eve
Labor Day	Christmas Day

CAN I GET SAME DAY SERVICE?

We may not be able to accommodate same day reservations, but we will give it every effort.

WHAT IF I DON'T KNOW HOW LONG MY APPOINTMENT WILL TAKE?

We can do a will-call pick-up where you call when you are ready. This is set up when you call for your reservation.

HOW DO I PAY?

Payment can be made with exact cash (the driver does not make change). Tickets can also be purchased from the Keen Age Center at 2141 Henry Luckow Ln, Belvidere, IL 61008.

DO I NEED A CAR SEAT?

Any passenger travelling with a child must secure the child in an appropriate child safety seat per Illinois State Law. Passengers must bring the appropriate device with them.

CAN MY MOBILITY AID BE USED ON THE BUS?

All Boone County Transit buses have motorized lifts that can accommodate mobility aids, wheelchairs, and motorized scooters up to a 600 pound combined limit.



@BooneCountyTransit



/BooneCountyTransit



815-975-9059



BCILTransit.gov

Reel vs. Real: Understanding the difference between media portrayals and lived experiences.
Inspiration drawn from the film Practical Magic

2026 DOMESTIC VIOLENCE AWARENESS SHINING THE LIGHT CEREMONY

17TH JUDICIAL CIRCUIT COURT
BOONE COUNTY
FAMILY VIOLENCE COORDINATING COUNCIL

OCTOBER 6, 2026
5PM - 6:15PM

SENIOR CONNECTIONS
2141 HENRY LUCKOW LN, BELVIDERE

To Nominate an Advocate for the Shining the Light Award please scan the QR code



For more information or to request a reasonable accommodation to attend this event, please contact Alysia Maggio at amaggio@17thcircuit.illinoiscourts.gov

**** This is a FVCC sponsored event and is funded in part by the Illinois Criminal Justice Authority****

Funding Statement

Services of Senior Connections are made available, in part, with funds provided under Title III-D and Title III-E of the Older Americans Act, GAP Filings Funds and the Illinois General Revenue Funds through Northwestern Illinois Area Agency on Aging. Funding for transportation is received through a Section 5311 Grant with Boone County from the Illinois Department of Transportation and Downstate Operating Assistance Program Funds through Rockford Mass Transit District. Funds for transportation are also provided by the Illinois Donated Funds Initiative from Title XX of the Social Security Act administered by the Illinois Department of Human Services and the Illinois Department of Aging. Reimbursement is received from the Illinois Department on Aging for services provided under the Community Care Program. Funding is additionally provided by Boone County, the City of Belvidere, Belvidere Township, Poplar Grove Township, Bonus Township, Flora Township, Boone Township, Spring Township, Caledonia Township, Manchester Township and the United Way of Boone County.

A significant portion of the Senior Connections budget is derived from contributions from individuals, groups, clients, users, and fundraising projects. Thank you.



MORNING ACTIVITIES

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	01 <u>8:30</u> Walking Club <u>9:00</u> Ladies' Pool Social Painting <u>10:00</u> SkipBo	02 <u>8:00</u> Woodcarvers <u>8:45</u> Yoga <u>9:00</u> Mens's Pool <u>10:15</u> Chair Yoga	03 <u>8:30</u> Walking Club <u>9:00</u> FRIENDS Meeting. All are welcome! Bobbin Lace Diamond Art <u>10:00</u> Chair Fitness (moved to 9/2 @ 1:00)	04 <u>8:00</u> Open Pool (Billiards) <u>8:45</u> Yoga <u>9:30</u> BUNCO <u>10:15</u> Chair Yoga
07 CLOSED 	08 <u>8:30</u> Walking Club <u>9:00</u> Ladies' Pool Social Painting <u>10:00</u> SkipBo Rules of the Road Low Vision Support Group	09 <u>8:00</u> Woodcarvers <u>8:45</u> Yoga <u>9:00</u> Men's Pool <u>10:00</u> Officer Bell <u>10:15</u> Chair Yoga	10 <u>8:30</u> Walking Club <u>9:00</u> Bobbin Lace Diamond Art <u>10:00</u> Chair Fitness	11 <u>8:00</u> Open Pool (Billiards) <u>8:45</u> Yoga <u>9:30</u> BUNCO <u>10:15</u> Chair Yoga
14 <u>8:45</u> Yoga <u>10:15</u> Chair Yoga <u>10:30</u> T.O.P.S	15 <u>8:30</u> Walking Club <u>9:00</u> Ladies' Pool Social Painting <u>10:00</u> Skipbo	16 <u>8:00</u> Woodcarvers <u>8:45</u> Yoga <u>9:00</u> Men's Pool <u>10:15</u> Chair Yoga	17 <u>8:30</u> Walking Club <u>9:00</u> Bobbin Lace Diamond Art <u>10:00</u> NO Chair Fitness <u>10:30</u> Grief Support w/ Mo Cara Hospice	18 <u>8:00</u> Open Pool (Billiards) <u>8:45</u> Yoga <u>9:30</u> UNO <u>10:15</u> Chair Yoga
21 <u>8:00</u> AARP Safe Driver Course <u>8:45</u> Yoga <u>10:15</u> Chair Yoga <u>10:30</u> T.O.P.S	22 <u>8:00</u> AARP Safe Driver Course <u>8:30</u> Walking Club <u>9:00</u> Ladies' Pool Social Painting <u>10:00</u> SkipBo	23 <u>8:00</u> Woodcarvers <u>8:45</u> Yoga <u>9:00</u> Men's Pool <u>10:15</u> Chair Yoga <u>10:30</u> Grief/Loss Support Group	24 <u>8:30</u> Walking Club <u>9:00</u> Bobbin Lace Diamond Art <u>10:00</u> Chair Fitness	25 <u>8:00</u> Open Pool (Billiards) <u>8:45</u> Yoga <u>9:30</u> UNO <u>10:15</u> Chair Yoga
28 <u>8:45</u> Yoga <u>10:15</u> Chair Yoga <u>10:30</u> T.O.P.S	29 <u>8:30</u> Walking Club <u>9:00</u> Ladies' Pool Social Painting <u>10:00</u> SkipBo	30 <u>8:00</u> Woodcarvers <u>8:45</u> Yoga <u>9:00</u> Men's Pool <u>10:15</u> Chair Yoga	October Activity Calendar will be available at www.senior-connect.org or stop in and pick one up. We love seeing you!	

AFTERNOON ACTIVITIES

11

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	01 <u>12:00</u> Karaoke Hand Knee & Foot <u>1:00</u> Finish Your Own Project	02 <u>12:30</u> Hand & Foot <u>1:00</u> Moving On Support <u>2:30</u> Vets Coffee	03 <u>12:00</u> Train your Brain <u>12:30</u> Pinochle <u>2:00</u> Caregiver Support Group w/ Satori	04 <u>12:30</u> Euchre <u>1:00</u> BINGO! w/ Belvidere ZONTA
07 CLOSED 	08 <u>12:00</u> Karaoke Hand Knee & Foot <u>1:00</u> Finish Your Own Project	09 Reflexology w/Nancy call: 779-552-7238 to reserve <u>12:30</u> Hand & Foot <u>1:00</u> Book Club Moving On Support <u>2:30</u> Vets Pool	10 <u>12:00</u> Train Your Brain <u>12:30</u> Pinochle	11 <u>12:30</u> Euchre Afternoon Quilters <u>1:00</u> Senior Food Distribution 1-3pm
14 <u>12:30</u> Bridge Progressive Hand & Foot Pinochle	15 <u>12:00</u> Karaoke Hand Knee & Foot <u>12:30</u> Kish Quilt Group	16 <u>12:30</u> Hand & Foot <u>1:00</u> Moving on Support <u>2:30</u> Vets Pool	17 <u>12:00</u> Train your Brain <u>12:30</u> Pinochle Bridge Class	19 <u>12:30</u> Euchre Afternoon Quilters <u>1:00</u>
21 <u>12:30</u> Bridge Progressive Hand & Foot Pinochle <u>1:00</u> Social Knit & Crochet	22 <u>12:00</u> Karaoke Hand Knee & Foot <u>1:00</u> Finish Your Own Project	23 <u>12:30</u> Hand & Foot <u>1:00</u> Moving on Support <u>2:30</u> Vets Pool	24 <u>12:00</u> Train your Brain <u>12:30</u> Pinochle Bridge Class	25 <u>12:30</u> Euchre Afternoon Quilters <u>1:00</u> Movie: The Quiet Man Reserve your seat: 779-552-7238
28 <u>12:30</u> Bridge Progressive Hand & Foot Pinochle	29 <u>12:00</u> Karaoke Hand Knee & Foot <u>1:00</u> Finish Your Own Project	30 <u>12:30</u> Hand & Foot <u>1:00</u> Moving on Support <u>2:30</u> Vets Coffee	October Activity Calendar will be available at www.senior-connect.org or stop in and pick one up. We love seeing you!	

Congratulations!

Carol Patton
Winner of the Fair Raffle
\$500 Visa Card



Donated by:



Our **non-medical in-home care program** offers services and supports to qualifying older Illinoisans to help work with them to remain in their homes.

Services include among others:

Routine light housekeeping.

Meal preparation.

Non-medical personal care tasks.

Call to see if you qualify.

815-544-9893



The Benefit Access Program offers two benefits for seniors and persons with disabilities:

- A LICENSE PLATE FEE DISCOUNT
- FREE RIDES ON FIXED-ROUTE TRANSIT SYSTEMS

Eligibility is determined by income, residency, age and/or disability utilizing an online application.

QUALIFICATIONS:

Age Requirements:

- 65 years of age or older before January 1 of the current year; or
- You must become 65 years of age this year; or
- You must be 16 years of age or older before January 1 of the current year and qualify as disabled.

Residency Requirements:

- You must live in Illinois at the time you file your application.

Income Requirements:

Your total gross income for the last closed tax year must be less than

- \$33,562 for a 1 person household (yourself only); or
- \$44,533 for a 2 person household (yourself and your spouse, or yourself and one Qualified Additional Resident); or
- \$55,500 for a 3 person household (yourself, your spouse and one Qualified Additional Resident, or yourself and two Qualified Additional Residents).



Linda Sharp
Homemaker
28 years of service



Maradith Hada
Homemaker
19 years of service



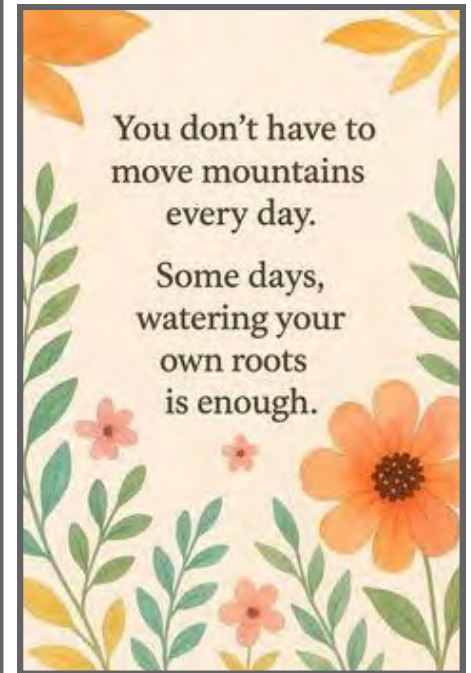
Kelly Hillan
Executive Director
7 years of service



Joe Vendemia
Bus Driver
3 years of service



Gerri Scheider
Homemaker
2 years of service



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SeniorConnections
Companionship & Services

DISTRIBUCIÓN DE ALIMENTOS
mayores de 55 años



Fechas de distribución

11 de septiembre
9 de octubre
13 de noviembre

1:00-3:00 p.m.
La inscripción no comienza antes de las 12:30 p.m.

Conexiones para personas mayores
2141 Henry Luckow Lane,
Belvidere, IL 61008
Si tiene preguntas, llame al
815-544-9893.

"El otoño es una melodía que la naturaleza canta para nosotros"

COMUNÍQUESE CON SU ESPECIALISTA DE I&A

Hay varias formas de comunicarse con su especialista en información y asistencia, que se enumeran a continuación. También hay disponible un buzón seguro, en el lado este del edificio, junto a la entrada del personal, para aquellos que necesiten entregar copias de documentos.

Belena Garza
Phone: 779-552-7252
Bgarza@senior-connect.org

¿NECESITAS AYUDA CERCA DE CASA?

Un especialista en información y asistencia estará en los siguientes lugares para ayudarlo:

SHEFFIELD MEADOWS

Martes, 1 de septiembre

2:00-3:00pm

APARTAMENTOS SHADLEY

Martes, 8 de septiembre

PEARL PLACE

Martes, 15 de septiembre

PROGRAMA DE AHORROS DE MEDICARE

¿Califica para que le paguen las primas de la Parte B de Medicare?

Podrías hacerlo si estás dentro de estas pautas.

Ingresos mensuales inferiores a:

\$ 1,529 por individuo

\$ 2,060 por pareja y

Activos inferiores a:

\$ 8,400 por individuo

\$ 12,600 por pareja

AYUDA EXTRA

¿Califica para recibir ayuda con el costo de sus medicamentos de Medicare? Podrías hacerlo si estás dentro de estas pautas.

Ingresos mensuales inferiores a:

\$1,699 por individual

\$2,289 por pareja y

activos inferiores a

\$14,010 por individual

\$27,950 por pareja

Necesitará los siguientes documentos, sin excepciones.

COPIAS SOLAMENTE- Tarjetas de la Seguridad Social

- Identificación fotográfica.

- Ingresos mensuales actuales- Facturas de servicios públicos más recientes, 2 caras

- Declaración escrita y firmada

en la que se otorga permiso al Consejo de Envejecimiento del Condado de Boone para presentar su solicitud.

Live Your Best Life

At Heritage Woods, you'll enjoy friendly neighbors to share common life experiences and an active community full of choices.



Heritage Woods
of Belvidere

An Affordable Assisted Lifestyle Community for the Older Adult

815-544-9495 • 4730 Squaw Prairie Rd • Belvidere, IL 61008
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THE QUIET MAN

Sean Thornton (John Wayne) has returned from America to reclaim his homestead and escape his past. Sean's eye is caught by Mary Kate Danaher (Maureen O'Hara) a beautiful but poor maiden, and younger sister of ill-tempered "Red" Will Danaher. The riotous relationship that forms between Sean and Mary Kate, punctuated by Will's pugnacious attempts to keep them apart, form the main plot with Sean's past as the dark undercurrent.

FRIDAY, September 25th at 1:00 pm

Seating is limited.

Please call 779-552-7238 to reserve your spot.



Friends of Senior Connections

Join us for our Monthly Meeting.

Thursday, September 3rd at 9:00am

All are welcome.

Computer Lab Hours

Monday: Noon – 4:00 pm

Tuesday: Computers will not be available.

Wednesday: 8:00 am – 11:00 am

Thursday: Noon – 4:00 pm

Friday: Noon – 4:00 pm



PHOTOGRAPHY POLICY

It is the policy of the Executive Board of Senior Connections that staff can take pictures of participants who attend sponsored events. These pictures will be used for a variety of marketing materials such as newsletters, posters, online and social media.





Visiting Angels Rockford is a non-medical home care agency offering compassionate experienced caregivers to seniors and adults needing assistance in their home.

We provide:

- Alzheimer's & Dementia Support
- Assistance with Walking
- Bathing & Dressing Assistance
- Companion Care
- Errands & Shopping
- Light Housekeeping
- Meal Preparation
- Medication Reminders
- Respite Care for Families

815.977.3452
VisitingAngels.com/Rockford



*2025 Visiting Angels is a registered trademark of Living Assistance Services, Inc. Each Visiting Angels agency is independently owned and operated.

Happy Labor Day



Veterans Assistance Commission of Boone County.



We can help Honorably Discharged Boone County veterans with emergency assistance, Transportation to Medical Appointments, and assistance with Federal & State Veteran Benefits.

Call for Appointment 815-544-6464

1212 Logan Ave, Suite 106, Belvidere, IL 61008
(County Administrative Building)

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UW Health SwedishAmerican Medical Center – Belvidere



Our medical center is easy to find :
1625 S. State Street, Belvidere
Near the corner of US-20 and S. State Street.

Emergency Department staffed 24 hours a day, 7 days a week

Outpatient Services Offered Close To Home

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- Comprehensive laboratory testing
- 3D digital mammography
- DEXA bone density scans
- Non-invasive cardiology services including Echocardiograms
- Outpatient physical therapy services
- In-lab sleep studies
- Anticoagulation clinic
- Infusion services

**For more information, please call
(815) 547-5441**



UWHealth

Monday	Tuesday	Wednesday	Thursday	Friday
	01 PORK PATTY BLEND VEGGIES MASHED POTATO/ GRAVY FRUIT COCKTAIL WGR BUN	02 A)MEATLOAF/GRAVY COIN CARROTS MASHED POTATOES APRICOTS WGR DINNER ROLL B)LIVER&ONIONS	03 CHICKEN CAESAR WRAP LEAF LETTUCE TOMATO SLICE CAESAR DRESSING PEACHES	04 BEEF TACO LETTUCE/TOMATO SHREDDED CHEDDAR SPANISH RICE/BEANS FLOUR TORTILLA FRESH FRUIT
07 CLOSED— LABOR DAY 	08 CHILI W/BEANS CAROTS CORN MUGGIN HOT PEAR HALVES	09 BAKED POTATO CHEESE/SOUR CREAM CHICKEN/BROCCOLI APRICOTS WGR DINNER ROLL	10 POLISH SAUSAGE AUGRATIN POTATO BAKED BEANS SAUERKRAUT APPLESAUCE WGR BUN	11 PEPPER STEAK CAROTS MASHED POTATOES/ GRAVY MANDARIN ORANGES WGR WHEAT BREAD
14 CHICKEN ALA KING CAULIFLOWER BISCUIT DICED PEACHES	15 A)CHEESEBURGER BAKED BEANS TATOR TOTS APRICOTS WGR BUN B)HAM/VEG	16 BAKED CHICKEN QTR GREEN BEANS MASHED POTATOES/ GRAVY APPLESAUCE DINNER ROLL	17 MEATBALL SUB PEAS & CARROTS SEAS.POTATO WEDGE DICED PEACHES SUB ROLL	18 TUNA NOODLE CASSEROLE BROCCOLI CARROTS PINEAPPLE WGR DINNER ROLL
21 JUMBO HOT DOG BLEND VEGGIES TATOR TOTS DECED PEACHES RELISH PACKET WGR BUN	22 CREAMY CHICKEN PASTA CARROTS STEAMED PEAS PINEAPPLE WGR BREAD/BUTTER	23 BAKED ZITI W/ MEATSAUCE GROUND BEEF HOT APPLESauce CALIF BLND VEGGIES GARLIC BREAD	24 A)CHICKEN,RICE &BROCCOLI AND CHEESE CASSEROLE CARROTS,PINEAPPLE ROLL B)CHIX SALAD	25 FISH PATTY CHEESY MASHED POTATOES VEGGIE BLEND APPLESAUCE TARTAR SAUCE WGR BUN
28 LEMON PEPPER CHICKEN BROCCOLI SWEET POTATO FRIES APRICOTS WGR ROLL	29 BISCUITS & GRAVY HASHBROWN POTATO ORANGE JUICE SCRAMBLED EGG	30 TROPICAL CHICKEN SALAD CUKES,LEAF LETTUCE TOMATO SLICE JUICE WGR CROISSANT	October's Menu available online, www.senior-connect.org or pick it up at Senior Connections, we'd love to see you.	

Lunch is held at 11:30am at Senior Connections.

Call **815-963-1609** by 10am the day before you want lunch.

We are still delivering meals. (Choice A = Meals on Wheels)

No person will be denied service because of inability to donate.

Suggested donation of \$3.00 per meal.



DONOR'S PLAQUE & GIFTS OF \$100 OR MORE

In loving memory of John Fisher
by Shirley Fisher
In loving memory of Steve Schabacker
by Judy Schabacker
In memory of Janet Johnson
by Hand, Knee & Foot Group
In memory of Margaret Maggio
by Hand, Knee & Foot Group

Bridge Group
Bonus Township

SUPPORTING PARTICIPANTS GIFTS OF \$5.00—\$99.00

In loving memory of Gwen Wylie
By Michael and Mitzi Stroud
In loving memory of Doris Rosenberg
By Edward Rosenberg Jr.

Euchre Group
UNO Group
Dawn Schultz

Kent Aten
Lawrence Wesenburg

IN-KIND DONATIONS



Judy Nimtze
Karen Drager
Kathy Clay
Linda DeLaCruz
Linda Laboy
Lynn Giddens
Pat Herringer
Ruth Axmark
Sheryl Warner
Vicki McMahon

LENDING CLOSET DONATIONS



Allison Hemphill	Mary Cooper
Anonymous	Nancy Farber
Bill and Linda Zeman	Romelle Cunningham
Cheryl Milich	Ronald Keip
Cindy Schafer	Sheila Scott
Cindy Sturm	Susan Joyce
Dale Hazelwood	Theresa & Roger Kohls
Diane Baumann	Tim Fair
Kathleen Napier	Vicki Weinrank

Do you need a wheelchair, commode, walker, toilet riser, shower chair or incontinence products?

Stop in or Call: 815-544-9893 to check our inventory. It's free, thanks to generous donors.



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Senior Connections & The Boone County Shopper
Partnering together starting this October!