



SeniorConnections

Companionship & Services

Formerly Boone County Council on Aging/Keen Age Center

2141 Henry Luckow Lane
Belvidere, IL 61008

815-544-9893
Monday-Friday 8:00 am-4:30 pm

www.senior-connect.org
Facebook— Senior Connections

JULY 2026



Jack Wolf Memorial Golf Outing Raises Nearly \$30,000

Senior Connections extends its sincere gratitude to everyone who helped make this year's Jack Wolf Memorial Golf Outing such a tremendous success. Thanks to the generosity of our sponsors, golfers, donors, and volunteers, the event raised nearly \$30,000 to support programs and services for older adults and caregivers in Boone County. Thank you for helping us honor Jack Wolf's legacy while investing in the future of our communities.

A special thank you goes to our outstanding volunteer planning committee, led by Amy Gallano, whose dedication and countless hours made this event possible. Committee members Alisa Patterson, Debbie Yunk, Maria Gonzalez, Dale Kaiser, and Kay Davis also played a key role in organizing another memorable and successful outing.

We are incredibly grateful to our sponsors, volunteers, and everyone who participated. Your support helps ensure that Senior Connections can continue providing essential services that make a meaningful difference in the lives of older adults and their caregivers.

Gold Sponsors – Kunes Auto Group of Belvidere, Youngberg Industries, Wild Cherries, Heritage Woods of Belvidere & Rockford, Don Banks, Northern Directional Drilling, Gallano Trucking, and UW Health.

Silver Sponsors – GrahamSpencer, Dickerson & Nieman Realtors, Alisa Patterson, Mo Cara Hospice, Slate Farm – Lisa Turbyville, Curt & Brenda Tobin, QXO, and Midland States Bank.

Bronze Sponsors – Dave Syverson, Gallano Farms, First Mid Bank & Trust, Morrissey Family Businesses, Anam Care, Walmart, George Mutert, Franklin Display, and Satori Pathway.

Other Contributors – AGHL Law, Blain's Farm & Fleet, Kellie & Tony McIntire, Boone County Community Foundation, Dale Drake, DDS, Certified Consulting Services, Maglar, Inc., Hyde Out Bar & Grill, John Wolf, J & M Plating, John Truit, Smokin' Coop, Steven Larson, Culver's of Belvidere, Thomas Pillmore, and Solutions Bank.

GOLD SPONSORS



AUTO GROUP OF BELVIDERE



YOUNGBERG INDUSTRIES
The Midwest's Leading Custom Fabricator and Machining Services Specialist

Don Banks



UWHealth



Kammie Lane

Friends and volunteers enjoying the 5th Annual Jack Wolf Memorial Golf Outing



Summer Ice Cream Social

Summer's in full swing, and what better way to beat the heat than with a delightful scoop of your favorite ice cream?

Friday, August 21st

1:00-3:00

Ice Cream Sponsored by:

BELVIDERE

HEALTH AND REHAB





FOOD DISTRIBUTION

Ages 55+



Distribution
Dates

May 8th
June 12th
July 10th

1:00 pm-3:00 pm

Registration begins
no earlier
than 12:30 pm

Senior Connections
2141 Henry Luckow Lane
Belvidere IL 61008

Call 815-544-9893
with questions.



**"I usually take a
two-hour nap
from one to four."**

- Yogi Berra



Advertise Here!

Contact Nick Palasini

npalasini@4LPi.com
(800) 950-9952 x2162

Comfort Cuts

Mobile salon

LICENSED MOBILE HAIRSTYLIST

Haircuts- colors -perms



Hair care in the comfort of
your home.
call or text

847-371-1734

DOORMASTER

Garage Door Co., LLC.

RESIDENTIAL & COMMERCIAL
FIRE DOORS • HOLLOW METAL DOORS
DOCK EQUIPMENT • RESIDENTIAL DOORS

Serving the IL Area for over 30 Years

Steve Getzin, Owner
(847) 683-0333

"WE TREAT YOUR DOOR LIKE OUR OWN."

Mercyhealth Cancer Institute



8201 E. Riverside Blvd.
Rockford
(815) 971-6188

Enhanced treatment areas: Spacious infusion suites with comfortable seating and natural light to support the healing journey

Advanced technology: The latest equipment for diagnostics, treatment and therapy, ensuring the highest level of care

Patient-centered design: Thoughtfully designed spaces, including private consultation rooms and calming décor, to create a welcoming environment

Convenient access: Ample parking and a circular drive at the entrance, allowing patients to be conveniently dropped off at the door

Emergency care: Connected to a Level 1 Trauma Center for quick emergency care

cancer.mercyhealthsystem.org



For ad info. call 1-800-950-9952 • www.lpicommunities.com

Senior Connections, Belvidere, IL

01-1424



Information & Assistance

Services Overview



PROPERTY & UTILITY COST RELIEF

- Homestead Exemption & Assessment Freeze: Property tax relief programs.
- LIHEAP & Cooling Assistance: Help pay heating and electric utility bills.
- Weatherization: Helps homeowners make repairs to save on energy costs.
- Lifeline (Frontier): Discount on landline phone service.



DIRECT FINANCIAL & MATERIAL SUPPORT

- Benefit Access Program: Discount on license plate sticker renewal.
- Farmers' Market Coupons: Coupons for local farmers' markets.
- GAP & Respite Funds: Funding for equipment or respite care services.
- Charitable Assistance: Guidance and referrals for financial aid from local hospitals.



HEALTHCARE & PRESCRIPTION DRUG ASSISTANCE

- Medicaid & Related Programs: Assistance with applications for:
 - Medical benefits (Medicaid)
 - SNAP (Food Stamps)
 - Medicare Savings Program (pays Medicare Part B premium)
 - Spousal Impoverishment protection (for nursing home situations)
- Medicare Counseling & Enrollment:
 - Enroll in Medicare Parts A & B online.
 - Compare and understand: Prescription Drug Plans (Part D), Medicare Advantage Plans (Part C), and Medicare Supplement (Medigap) plans.
 - Help resolve Medicare billing problems.
- Prescription Drug Cost Assistance:
 - Extra Help (LIS): Federal subsidy for prescription drug costs.
 - Patient Assistance Programs: Help applying to pharmaceutical companies for free brand-name medications.



SPECIALIZED REFERRALS & PARTNER ORGANIZATIONS

- Lions Club International: Assistance with eyeglasses and hearing aids.
- Helping Hands, St. Vincent De Paul, Catholic Charities: Monetary assistance and support groups.
- Salvation Army: Broad emergency financial assistance.
- Senior Connections: Referrals for transportation, in home care, and social connections.
- Caregiver resources, and much more!



Senior Connections
 2141 Henry Luckow Lane
 Belvidere, IL 61008
 815-544-9893

Follow us online
 for updates:

senior-connect.org

facebook.com/Seniorconnections1

Farmers Market Wellness Fair



**JOIN US ON TUESDAY JULY 21ST
FROM 10 A.M. TO 2:00 P.M. TO REDEEM
YOUR FARMERS MARKET VOUCHERS AT
THE FARMERS MARKET WELLNESS FAIR!**

**Sundstrand Park
2100 Newburg Rd, Belvidere, IL 61008**

Local WIC Approved Farmers'  Market Vendors will be at Sundstrand Park offering freshly grown produce that you can purchase, along with several area providers of services that focus on your health!

This institution is an equal opportunity employer.

A donation of any of the following items helps us with our daily activities.

- ♦ Kleenex
- ♦ Napkins
- ♦ Coffee
- ♦ Individual packs of pretzels, crackers, snacks.
- ♦ Pre-Packaged
- ♦ Cookies
- ♦ Individually wrapped hard candy.

Thank you!



IN THE COMMUNITY

An Information & Assistance Specialist will be at the following:

SHEFFIELD MEADOWS

Tuesday, July 7th
2pm-3pm

SHADLEY APARTMENTS

Tuesday, July 14th
2pm-3pm

PEARL PLACE APARTMENTS

Tuesday, July 21st
2pm-3pm

Mercado Agricola Feria de Bienestar



**ÚNASE A NOSOTROS EL MARTES 21 DE JULIO
DE 10 A.M. A 2:00 P.M. PARA NUESTRA ANNUAL
FERIA DE BIENESTAR Y MERCADO DE
AGRICULTORES DEL CONDADO DE BOONE!**

**Sundstrand Park
2100 Newburg Rd, Belvidere, IL 61008**

Vendedores del mercado de granjeros locales estarán en el Sundstrand Park ofreciendo productos frescos que usted puede comprar, junto con varios proveedores de servicios de la zona que se enfocan en su salud!

Esta institución es un proveedor que brinda igualdad de oportunidades

Word Twist

Independence Day

The letters in these words are all twisted up. To play, unscramble the letters to reveal the correct words. **Hint:** Each puzzle has a common theme!

oefmrde _____	rdpaea _____
rybtile _____	nhoor _____
rtaipto _____	glfa _____
swirfkoer _____	tnaoin _____
elcaberet _____	sujceit _____

©LPi

BINGO Dates!

Friday, July 3rd CLOSED
rescheduled to
Wednesday, July 8th

Friday, August 7th with
Transitions Hospice

Friday, September 4th
TBD

Friday, November 6th
with Belvidere Zonta
Club

Health Hints with Dr. Heidi

Simple tips for a healthier you.

Dr. Heidi Olson from UIC Retzky College of Pharmacy, offers free informative one on one sessions here at Senior Connections. This is a great opportunity to get questions answered about your medications; how they affect you, what time of day is best for you to take them, what to do if you are noticing new reactions...and more.

Call: 779-552-7238 to schedule your session.

Friday Afternoons

Funding Statement

Services of Senior Connections are made available, in part, with funds provided under Title III-D and Title III-E of the Older Americans Act, GAP Filings Funds and the Illinois General Revenue Funds through Northwestern Illinois Area Agency on Aging. Funding for transportation is received through a Section 5311 Grant with Boone County from the Illinois Department of Transportation and Downstate Operating Assistance Program Funds through Rockford Mass Transit District. Funds for transportation are also provided by the Illinois Donated Funds Initiative from Title XX of the Social Security Act administered by the Illinois Department of Human Services and the Illinois Department of Aging. Reimbursement is received from the Illinois Department on Aging for services provided under the Community Care Program. Funding is additionally provided by Boone County, the City of Belvidere, Belvidere Township, Poplar Grove Township, Bonus Township, Flora Township, Boone Township, Spring Township, Caledonia Township, Manchester Township and the United Way of Boone County.

A significant portion of the Senior Connections budget is derived from contributions from individuals, groups, clients, users, and fundraising projects. Thank you.





MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		01	02 <u>8:30</u> Walking Club <u>9:00</u> Bobbin Lace Diamond Art <u>10:00</u> Chair Fitness	03 CLOSED 
06 <u>8:45</u> Yoga \$10 <u>10:15</u> Chair Yoga \$7 <u>10:30</u> T.O.P.S	07 <u>8:30</u> Walking Club <u>9:00</u> Ladies' Pool Social Painting <u>10:00</u> SkipBo	08 <u>8:00</u> Woodcarvers <u>8:45</u> Yoga \$10 <u>9:00</u> Men's Pool <u>10:15</u> Chair Yoga \$7	09 <u>8:30</u> Walking Club <u>9:00</u> Bobbin Lace Diamond Art No Friends Meeting this Month. <u>10:00</u> Chair Fitness	10 <u>8:00</u> Open Pool (Billiards) <u>8:45</u> Yoga \$10 <u>9:30</u> BUNCO <u>10:15</u> Chair Yoga \$7
13 <u>8:45</u> Yoga \$10 <u>10:15</u> Chair Yoga \$7 <u>10:30</u> T.O.P.S	14 <u>8:30</u> Walking Club <u>9:00</u> Ladies' Pool Social Painting <u>10:00</u> Skipbo Low Vision Support Group	15 <u>8:00</u> Woodcarvers <u>8:45</u> Yoga \$10 <u>9:00</u> Men's Pool <u>10:00</u> Officer Bell <u>10:15</u> Chair Yoga \$7	16 <u>8:30</u> Walking Club <u>9:00</u> Bobbin Lace Diamond Art <u>10:00</u> Chair Fitness <u>10:30</u> Grief Support w/Mo Cara Hospice	17 <u>8:00</u> Open Pool (Billiards) <u>8:45</u> Yoga \$10 <u>9:30</u> BUNCO <u>10:15</u> Chair Yoga \$7
20 <u>8:45</u> Yoga \$10 <u>10:15</u> Chair Yoga \$7 <u>10:30</u> T.O.P.S	21 <u>8:30</u> Walking Club <u>9:00</u> Ladies' Pool Social Painting <u>10:00</u> SkipBo	22 <u>8:00</u> Woodcarvers <u>8:45</u> Yoga \$10 <u>9:00</u> Men's Pool <u>10:15</u> Chair Yoga \$7	23 <u>8:30</u> Walking Club <u>9:00</u> Bobbin Lace Diamond Art <u>10:00</u> Chair Fitness	24 <u>8:00</u> Open Pool (Billiards) <u>8:45</u> Yoga \$10 <u>9:30</u> UNO <u>10:15</u> Chair Yoga \$7
27 <u>8:45</u> Yoga \$10 <u>10:15</u> Chair Yoga \$7 <u>10:30</u> T.O.P.S	28 <u>8:30</u> Walking Club <u>9:00</u> Ladies' Pool Social Painting <u>10:00</u> SkipBo	29 <u>8:00</u> Woodcarvers <u>8:45</u> Yoga \$10 <u>9:00</u> Men's Pool <u>10:15</u> Chair Yoga \$7	30 <u>8:30</u> Walking Club <u>9:00</u> Bobbin Lace Diamond Art <u>10:00</u> Chair Fitness	31 <u>8:00</u> Open Pool (Billiards) <u>8:45</u> Yoga \$10 <u>9:30</u> UNO <u>10:15</u> Chair Yoga \$7



AFTERNOON ACTIVITIES

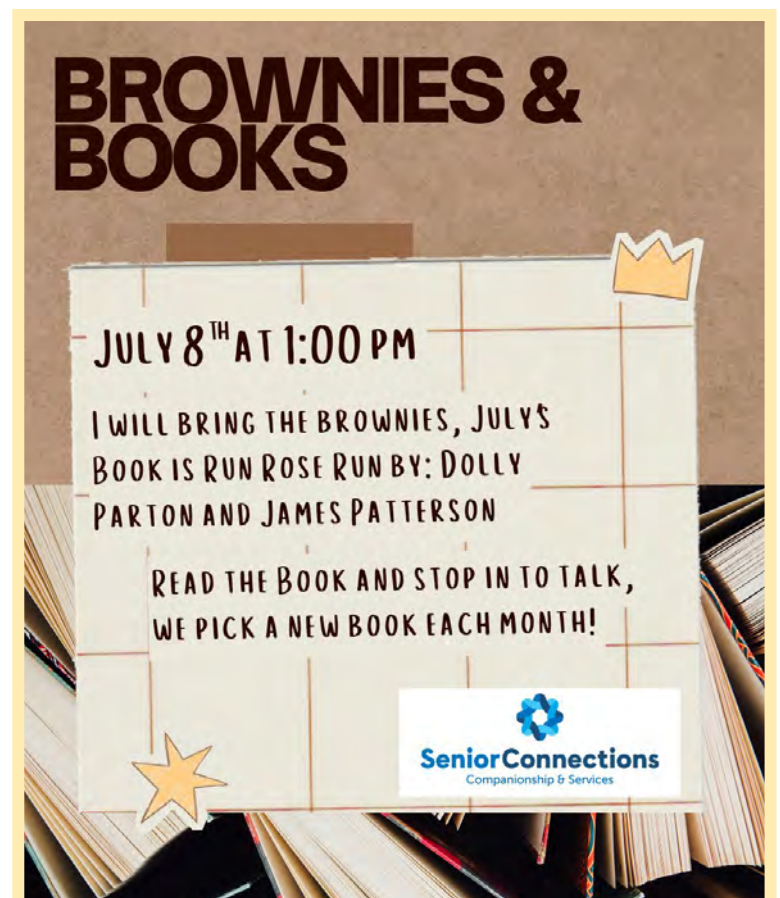


11

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		01 <u>12:30</u> Hand & Foot <u>1:00</u> Moving On Support Musician Jam <u>2:30</u> Vets Coffee	02 <u>12:00</u> Train your Brain <u>12:30</u> Pinochle Bridge Class <u>2:00</u> Caregiver Support Group w/ Satori	03 CLOSED 
06 <u>12:30</u> Bridge Progressive Hand & Foot Pinochle	07 <u>12:00</u> Karaoke Hand Knee & Foot <u>1:00</u> Finish Your Own Project	08 Reflexology w/ Nancy call: 779-552 -7238 to reserve <u>12:30</u> Hand & Foot <u>1:00</u> BINGO! Moving On Support Book Club Musician Jam <u>2:30</u> Vets Pool	09 <u>12:00</u> Train your Brain <u>12:30</u> Pinochle Bridge Class	10 <u>12:30</u> Euchre Afternoon Quilters <u>1:00</u> Senior Food Distribution 1-3pm
13 <u>12:30</u> Bridge Progressive Hand & Foot Pinochle <u>1:00</u> Social Knit & Crochet	14 <u>12:00</u> Karaoke Hand Knee & Foot <u>1:00</u> Beginning Quilting Class	15 <u>12:30</u> Hand & Foot <u>1:00</u> Moving on Support Musician Jam <u>2:30</u> Vets Pool	16 <u>12:00</u> Train your Brain <u>12:30</u> Pinochle Bridge Class	17 <u>12:00</u> Health Hints w/Dr. Heidi by appointment: 779-552-7238 <u>12:30</u> Euchre Afternoon Quilters <u>1:00</u> Movie
20 <u>12:30</u> Bridge Progressive Hand & Foot Pinochle	21 <u>12:00</u> Karaoke Hand Knee & Foot <u>1:00</u> Kish Quilt Group	22 <u>12:30</u> Hand & Foot <u>1:00</u> Moving on Support Musician Jam <u>2:30</u> Vets Pool	23 <u>12:00</u> Train your Brain <u>12:30</u> Pinochle Bridge Class	24 <u>12:30</u> Euchre Afternoon Quilters
27 <u>12:30</u> Bridge Progressive Hand & Foot Pinochle <u>1:00</u> Social Knit & Crochet	28 <u>12:00</u> Karaoke Hand Knee & Foot <u>1:00</u> Beginning Quilting Class	29 <u>12:30</u> Hand & Foot <u>1:00</u> Moving on Support Musician Jam <u>2:30</u> Vets Pool	30 <u>12:00</u> Train your Brain <u>12:30</u> Pinochle Bridge Class	31 <u>12:00</u> Health Hints w/Dr. Heidi by appointment: 779-552-7238 <u>12:30</u> Euchre Afternoon Quilters



"My favorite area of the fairway. The ruff."




SeniorConnections
Companionship & Services

LAND OF THE FREE WORD SEARCH

Reign	Emancipation	Equality
Washington	Suffrage	Opportunity
Independence	Civil Rights	American Dream
Democracy	Patriot	Unity
Republic	Allegiance	Resilience
Constitution	Flag	Spirit
Revolution	Anthem	Honor
Founding Fathers	Sacrifice	Duty
Pioneers	Valor	Service
Frontier	Heroism	Heritage
Manifest Destiny	Veteran	Colony
Civil War	Statesman	Settlement
Union	President	Declaration
Confederacy	Congress	Bill of Rights
Abolition	Justice	E Pluribus Unum



02028IN2-A



*Solutions on other size.

BELVIDERE CEMETERY ASSOCIATION

"Established 1847"

Pre-Burial Arrangements
Cremation Burials • Columbarium Niches
Memorial Markers • Affordable Prices
Park-like Setting

Frank Lloyd Wright | Pettit Memorial | Chapel on Cemetery Grounds
1121 N. Main St. - Belvidere 815-547-7642

belviderecemetery@comcast.net

Never
miss our
publication!

Get each new issue
delivered straight to
your inbox.

Scan to subscribe on
MyCommunityOnline.com



GRAND victorian

INDEPENDENT & ASSISTED LIVING
ROCKFORD

**Your choice for an independent
and assisted living**

815-654-1400

*Touching Lives with Love,
Compassion and Dignity*

3495 McFarland Rd • Rockford, IL 61114





SeniorConnections
Companionship & Services

DISTRIBUCIÓN DE ALIMENTOS

mayores de 55 años



Fechas de distribución

8 de mayo
12 de junio
10 de julio

1:00-3:00 p.m.

La inscripción no comienza antes de las 12:30 p.m.

Conexiones para personas mayores

2141 Henry Luckow Lane,
Belvidere, IL 61008

Si tiene preguntas, llame al
815-544-9893.



FELIZ DÍA DE LA INDEPENDENCIA

FOURTH OF JULY



COMUNÍQUESE CON SU ESPECIALISTA DE I&A

Hay varias formas de comunicarse con su especialista en información y asistencia, que se enumeran a continuación. También hay disponible un buzón seguro, en el lado este del edificio, junto a la entrada del personal, para aquellos que necesiten entregar copias de documentos.

Belena Garza

Phone: 779-552-7252

Bgarza@senior-connect.org

Emma Samper

Phone: 779-552-7258

Esamper@senior-connect.org

¿NECESITAS AYUDA CERCA DE CASA?

Un especialista en información y asistencia estará en los siguientes lugares para ayudarlo:

2:00-3:00pm

SHEFFIELD MEADOWS

Martes, 7 de Julio

APARTAMENTOS SHADLEY

Martes, 14 de Julio

PEARL PLACE

Martes, 21 de Julio

PROGRAMA DE AHORROS DE MEDICARE

¿Califica para que le paguen las primas de la Parte B de Medicare?

Podrías hacerlo si estás dentro de estas pautas.

Ingresos mensuales inferiores a:

\$ 1,529 por individuo

\$ 2,060 por pareja y

Activos inferiores a:

\$ 8,400 por individuo

\$ 12,600 por pareja

AYUDA EXTRA

¿Califica para recibir ayuda con el costo de sus medicamentos de Medicare? Podrías hacerlo si estás dentro de estas pautas.

Ingresos mensuales inferiores a:

\$1,699 por individual

\$2,289 por pareja y

activos inferiores a

\$14,010 por individual

\$27,950 por pareja

Necesitará los siguientes documentos, sin excepciones.

COPIAS SOLAMENTE- Tarjetas de la Seguridad Social

- Identificación fotográfica.

- Ingresos mensuales actuales- Facturas de servicios públicos más recientes, 2 caras

- Declaración escrita y firmada

en la que se otorga permiso al Consejo de Envejecimiento del Condado de Boone para presentar su solicitud.

Live Your Best Life

At Heritage Woods, you'll enjoy friendly neighbors to share common life experiences and an active community full of choices.



Heritage Woods
of Belvidere

An Affordable Assisted Lifestyle Community for the Older Adult

815-544-9495 • 4730 Squaw Prairie Rd • Belvidere, IL 61008
Managed by Gardant Management Solutions • www.hw-belvidere-ill.com

Schedule your visit to our community today!




Follow us on Social media

Private One-bedroom Apartments



Top-level care, from people who truly care

- Consistently high CMS star ratings
- Superior short-term rehabilitation
- Personalized 24-hour nursing care

SCHEDULE A TOUR TODAY



BELVIDERE
HEALTH AND REHAB

815-547-5451 | rehabatbelvidere.com



THELMA

We had Mamma Mia, Father of the Bride, now it's Grandma's turn!

Thelma isn't your average 93-year-old grandmother – she's tenacious, determined, and on a mission. After getting conned by a scammer, she teams up with a friend and his motorized scooter on a wild adventure to take back what's hers.

FRIDAY, July 17th at 1:00 pm

Please call 779-552-7238 to reserve your spot so I know how much popcorn to make!



Friends of Senior Connections

No meeting in July.

Next meeting: August, 4th 9:00am

Join us in sharing ideas for the center.



Computer Lab Hours



Monday: Noon – 4:00 pm

Tuesday: **Computers will not be available.**

Wednesday: 8:00 am – 11:00 am

Thursday: Noon – 4:00 pm

Friday: Noon – 4:00 pm



PHOTOGRAPHY POLICY

It is the policy of the Executive Board of Senior Connections that staff can take pictures of participants who attend sponsored events. These pictures will be used for a variety of marketing materials such as newsletters, posters, online

**Word Twist
Answers**



Freedom
Liberty
Patriot

Fireworks
Celebrate
Parade

Honor
Flag
Nation

Justice



Visiting Angels Rockford is a non-medical home care agency offering compassionate experienced caregivers to seniors and adults needing assistance in their home.

We provide:

- Alzheimer's & Dementia Support
- Assistance with Walking
- Bathing & Dressing Assistance
- Companion Care
- Errands & Shopping
- Light Housekeeping
- Meal Preparation
- Medication Reminders
- Respite Care for Families

815.977.3452
VisitingAngels.com/Rockford



*2023 Visiting Angels is a registered trademark of Living Assistance Services, Inc. Each Visiting Angels agency is independently owned and operated.

Happy Independence Day



**Veterans Assistance
Commission
of Boone County.**



*We can help with
Financial Assistance, Transportation to
Medical Appt. and Burial Assistance,
VA Forms, Claims, IL War Bonus*

Call for Appointment 815-544-6464

130 S State St, Suite 212, Belvidere, IL 60008
(2nd Floor PNC Bank Bldg)

IF YOU LIVE ALONE

MDMedAlert!™

At HOME and AWAY!

STARTING AT
\$19⁹⁵ /mo.

✓ Ambulance ✓ Police ✓ Family

"STAY SAFE in the
HOME YOU LOVE!"



800.809.3570 *md-medalert.com



Remarkable Healthcare Close to Home

UW Health SwedishAmerican Medical Center – Belvidere



Our medical center is easy to find :
1625 S. State Street, Belvidere
Near the corner of US-20 and S. State Street.

Emergency Department staffed 24 hours a day, 7 days a week

Outpatient Services Offered Close To Home

- Medical imaging including X-ray, Ultrasound, CT and MRI
- Comprehensive laboratory testing
- 3D digital mammography
- DEXA bone density scans
- Non-invasive cardiology services including Echocardiograms
- Outpatient physical therapy services
- In-lab sleep studies
- Anticoagulation clinic
- Infusion services

**For more information, please call
(815) 547-5441**



UWHealth

Monday	Tuesday	Wednesday	Thursday	Friday
		01 BAKED ZITI & MEATSAUCE GROUND BEEF HOT APPLESAUCE CAL BLEND VEGGIES GARLIC BREAD	02 A)CHICKEN,RICE, BROCCOLI&CHEESE CASSEROLE CARROTS PINEAPPLE TIDBITS WGR ROLL/BUTTER B)CHIX SALAD/TOMATO	03 CLOSED No Deliveries 
06 SHEPHERD'S PIE MASHED POTATOES PEAS&CARROTS APRICOTS WGR DINNER ROLL W/BUTTER	07 BISCUITS & GRAVY HASHBROWN POTATO ORANGE JUICE SCRAMBLED EGG	08 TROPICAL CHIX SALAD CUKES LEAF LETTUCE TOMATO SLICE JUICE WGR CROISSANT	09 A)SWEET&SOUR CHICKEN APRICOT FLUFFY RICE STIR FRY VEGGIES WGR ROLL/BUTTER B)TUNA SALAD/CHIXRICE	10 HAMBURGER PATTY WGR WHEAT BUN CALIF BLEND VEGGIES MAC & CHEESE DICED PEACHES
13 CHICKEN TETRAZZINI BLEND VEGGIES PASTA/SAUCE DICED PEARS WGR DINNER ROLL/ BUTTER	14 CHILI CHEESEBURGER CARROTS TATER TOTS FRUIT COCKTAIL WGR HAMBURGER BUN	15 RAVIOLI W/ MEATSAUCE CAULIFLOWER GREEN BEANS APRICOTS GARLIC BREAD	16 A)CHICKEN CAESAR WRAP, TORTILLA, LEAF LETTUCE/CUKES/ TOMATO SLICE CAESAR DRESSING PEACHES B)HAM/VEGETABLE	17 BREADED HADDOCK PEAS RICE PILAF PINEAPPLE TARTAR SAUCE WGR ROLL/BUTTER
20 COUNTY MEATBALLS CALIF BLND VEGGIES MASHED POTATOES/ GRAVY PEACHES WGR ROLL/BUTTER	21 CHEESEBURGER BABY BAKERS BAKED BEANS APRICOTS KETCHUP PKT WGR HAMBURGER BUN	22 A)MEATLOAF W/GRAVY CALIF BLND VEGGIES CHEESY POTATOES DICED PEARS WGR WHEAT BREAD B)HAM/CHICKEN NOODLE	23 PULLED PORK CHEESY MASHED POTATOES PEAS&CARROTS FRUIT COCKTAIL WGR BUN	24 CHICKEN CAESAR SALAD PARM CHEESE CUCUMBERS ROMAINE LETTUCE TOMATOES CROUTONS FRUIT JUICE
27 BAKED CHICKEN BREAST MASHED POTATOES/ GRAVY STEAMED PEAS APPLESAUCE, ROLL	28 SOUTHWEST SALAD W/CHICKEN BLACK BEANS CORN DINNER ROLL JUICE TORTILLA STRIPS	29 SWISS STEAK CALIF BLND VEGGIES FLUFFY RICE APRICOTS WGR BREAD/BUTTER	30 A)CHICKEN PHILLY BABY BAKERS PEAS CITRUS FRUIT WGR DINNER ROLL WGR SUB BUN B) SOUP	31 CITRUS HAM SCAND BLND VEGGIES SWEET POTATOES DICED PEACHES WGR ROLL W/BUTTER

Lunch is held at 11:30am at Senior Connections.

Call **815-963-1609** by 10am the day before you want lunch.

We are still delivering meals. (Choice A = Meals on Wheels)

No person will be denied service because of inability to donate.

Suggested donation of \$3.00 per meal.



GIFTS OF \$100 OR MORE

Beverly J. and Donal Baker in memory of Steve Schabacker
 Dave Schabacker in memory of Steve Schabacker
 Donald T. Banks in memory of Steve Schabacker
 Gary and Joan Ollman in memory of Steve Schabacker
 Valerie Graham in memory of Joan Fidder
 Ellie Wilson Trust
 Lawrence Wesenberg

IN-KIND DONATIONS

Aida Martinez	LuAnn Kreitzman
Amanda Fair	Patricia Herringer
Dale Horner	Ruth Axmark
Debbie Silvers	Sandy Alwicker
Karen Hoffman	Tom Lockinger
Karen Morris	Trudy Stockham
Kay Honchell	Warren Emry
Linda Mullins	

GIFTS OF \$5.00—\$99.00

June and Bruce Shipp in memory of Steve Schabacker
 Lyle and Patricia Lee in memory of Steve Schabacker
 Terence D. Williams in memory of Steve Schabacker
 Sandra K. Anderson in memory of Kenneth Anderson
 Alfrieda Degenhardt in memory of John Bowers &
 Francis Bindl
 Linda DeLaCruz in memory of Rene' LaBonte
 Aida Martinez
 Cecilia Lange
 Linnea M. Gebhardt
 Euchre Group
 Uno Group



LENDING CLOSET DONATIONS

Allison Hemphill	Lois Ellis Ford
Amanda Winkelman	Mary Ballock
Audra Kaufman	Maryanne Thorbu
Barb Gezzi	MaryJo Collins
Becky Mayberry	Melinda Gonzalez
Cynthia Turner	Nancy Holich
Diane Baumann	Pamela Pittman
Elizabeth Stein	Paul Fritz
Eugene Hays	Ronald Keip
Fred Glee	Roxie Lane
George Mays	Susan Joyce
Jeff Swanson	Terry Palella
Joan Wesley	Tim Slezak
Larry Venhuisen	Thomas Murray
Lisa O'Connor	Quentin Helland VABC



SUPPORTING MEMBERSHIP FORM

Name: _____

Address: _____

My contributions for Supporting Membership is for \$ _____

In Memory, In Honor of : _____

☐ Please check the box if you prefer NOT to have your name printed in the newsletter.

Mail to: Senior Connections
2141 Henry Luckow Lane
Belvidere, IL 61008



Non-Profit Org
US Postage
Paid
Belvidere, IL
Permit #15

2141 Henry Luckow Lane
Belvidere IL 61008-1700
Return Service Requested

